

# Swim Class at the Bayfield Rec Center FAQ

The Bayfield Rec Center uses standardized swim lesson curriculum developed by the American Red Cross. All swim lessons are taught by Red Cross certified instructors. To ensure safety at all times the pool has a certified lifeguard on duty.

Platforms are put in the shallow end of the pool so that beginning students can stand at chest depth

## **What is the temperature of the water? What if my student is cold?**

Our pool is kept at 82. If your swimmer gets cold easily, we suggest investing in [a wetsuit](#). Great for swimming in Lake Superior, too!

## **Life jackets**

We don't use life jackets to teach student swimmers but we do have them available for you to use during open swim and you are welcome to bring your own. A lifeguard is always available to assist with proper life jacket fitting.

## **What is the cancellation and refund policy?**

If you miss an individual class session there is no refund

We will offer a full refund or credit for cancellations 7 days or more prior to the start of classes.

## **What happens if my child is less (or more) advanced than the other children in the class?**

Your swim instructor is trained to support each individual learner's needs and goals. Some children will advance more quickly or slowly, and our instructors ensure that everyone receives the instruction they need. If there is room in a different level class students may be moved to a more appropriate level.

## **Does an adult need to be present for swim lessons?**

Little Fish and Big Fish – Parent and Child Swimming

- One adult per child must be in the water with the child during the lesson times.

Red Cross Swim Lessons 1-6

- Parents of children aged 12 and under must remain in the building during lessons

## **Can we arrive early/stay late after class to practice and play in the pool?**

Yes, part of your swim class registration includes a youth membership for the month of lessons. We encourage you to use this membership and give your swimmer time to practice their new skills in the pool. The pool is open for open swimming 3:30-6:30 Monday-Friday and 1-4:30 on Saturday and Sunday.

**What to bring to lessons:**

- Bathing suit
- Change of clothes, street shoes, diaper bags, and other personal items can be stored in the locker rooms; bring your own lock and remove it at the end of the day
- Goggles suggested for levels 4 and above, not required for levels 3 and below. Available for purchase for \$10 from the Bayfield Rec Center
- Towel – The Bayfield Rec Center does not offer towel services.
- For children who are not yet potty-trained we highly recommend tight-fitting rubber or plastic pants to be worn over swim diapers. Options [here](#) and [here](#).

**Arriving to lessons:**

- Each registered swimmer must check in at the front desk on the first day of lessons
- All swimmers must shower with soap before entering the pool and after using toilet facilities
- Using the restroom is encouraged before entering the pool
- Children over six years old are not permitted in the locker room of the opposite sex – a family changing room is available.
- Arrive 10 minutes before your scheduled swim time to give your swimmer time to change, use the bathroom, and shower

**At the end of the 4 week session:**

- Your instructor will give you information about what skills your swimmer has mastered and what skills need practicing
- Your instructor will suggest the next right swim level for your swimmer. It's very common for swimmers to repeat levels as they build confidence and skills.
- You will have the opportunity to sign up for the next round of swim lessons

Updated 10/23

Full Rec Center Policy can be found at [bayfieldrec.org/policies](http://bayfieldrec.org/policies)